

## WHAT YOU CAN BUY WITH EBT at the Farmers Market

- Fruits and Vegetables
- Seeds and Plants that Produce Foods
- Meat, Fish, Poultry
- Dairy Products
- Maple and Honey Products
- Breads
- Baked Goods: Wrapped, Labeled, and Intended for Home Consumption
- Jams, Sauces, etc.



**Albert Lea Farmers Market**  
Wednesdays, 4:00pm - 6:00pm  
Saturdays, 9:00am - 12:00pm  
Municipal Parking Lot, N Broadway & Fountain St

**Alexandria Farmers Market**  
Saturdays, 9:00am - 12:00pm  
Tuesdays, 9:00am - 12:00pm  
Thursdays, 3:00pm - 6:00pm  
Big Ole Central Park, Broadway & 2<sup>nd</sup> Ave

**Austin Area Farmers Market**  
Downtown: Thursdays, 3:30pm - 6:00pm  
Mall: Thursdays, 3:30pm - 6:00pm  
Mall: Saturdays, 9:30am - 11:30am  
Mall: Mondays, 3:30pm - 6:00pm  
Downtown, 1<sup>st</sup> St NE  
Oak Park Mall, 1301 18<sup>th</sup> Ave NW

**Bemidji Area Farmers Market**  
Sundays, 11:00am - 4:00pm  
Tuesdays, 10:00am - 5:00pm  
Thursdays, 12:00pm - 6:00pm  
Saturdays, 9:00am - 3:00pm  
Pamida/Subway Lot, 200 Paul Bunyan Dr

**Bloomington Farmers Market**  
Saturdays, 8:00am - 1:00pm  
Bloomington Civic Plaza, 1800 W Old Shakopee Rd

**Chisago City Farmers Market**  
Fridays, 2:00pm - 6:00pm  
10656 Railroad Ave

**Duluth Farmers Market**  
Wednesdays, 7:00am - 12:00pm  
Saturdays, 7:00am - 12:00pm  
14<sup>th</sup> Ave E & 3<sup>rd</sup> St

**Grand Rapids Farmers Market**  
Mondays, 2:00pm - 6:00pm  
Wednesdays, 8:00am - 1:00pm  
Saturdays, 8:00am - 1:00pm  
104 NW 4<sup>th</sup> St

**Richfield Farmers Market**  
Church: Wednesdays, 2:00pm - 7:00pm  
Veterans: Saturdays, 7:00am - 12:00pm  
The Church of Assumption, 77<sup>th</sup> St & 2<sup>nd</sup> Ave S  
Veterans Memorial Park, 64<sup>th</sup> St & Portland Ave S



For the health of all.

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C2300R01 (4/12)



# AT YOUR FARMERS MARKET



## HOW TO USE YOUR EBT CARD at the Farmers Market

- Look for the EBT booth
- Buy market tokens with your EBT card
- A bonus comes with your tokens—up to \$5 worth of Market Bucks for free!
- Use your tokens and Market Bucks to buy food with market vendors
- Get more Market Bucks each day you use your EBT card at the market



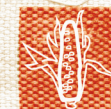
### More about Tokens

Tokens can be spent only at the market where they are purchased. Tokens do not expire. (Unused tokens may be returned to the EBT booth for credit to your EBT card.)

### More about Market Bucks

Market Bucks can be spent at any participating farmers market. Market Bucks expire on November 30, 2012. (Unused Market Bucks may not be returned for credit or cash.)

## WHAT'S IN SEASON?



|                  | MAY | JUNE | JULY | AUGUST | SEPTEMBER | OCTOBER | NOVEMBER |
|------------------|-----|------|------|--------|-----------|---------|----------|
| ASPARAGUS        |     |      |      |        |           |         |          |
| BEDDING PLANTS   |     |      |      |        |           |         |          |
| GREEN ONIONS     |     |      |      |        |           |         |          |
| RADISHES         |     |      |      |        |           |         |          |
| RHUBARB          |     |      |      |        |           |         |          |
| SPINACH          |     |      |      |        |           |         |          |
| BROCCOLI         |     |      |      |        |           |         |          |
| CABBAGE          |     |      |      |        |           |         |          |
| GREENS           |     |      |      |        |           |         |          |
| GREEN BEANS      |     |      |      |        |           |         |          |
| KOHLRABI         |     |      |      |        |           |         |          |
| PEAS             |     |      |      |        |           |         |          |
| STRAWBERRIES     |     |      |      |        |           |         |          |
| BEETS            |     |      |      |        |           |         |          |
| BLUEBERRIES      |     |      |      |        |           |         |          |
| CARROTS          |     |      |      |        |           |         |          |
| CAULIFLOWER      |     |      |      |        |           |         |          |
| CUCUMBERS        |     |      |      |        |           |         |          |
| HERBS            |     |      |      |        |           |         |          |
| PEPPERS          |     |      |      |        |           |         |          |
| POTATOES         |     |      |      |        |           |         |          |
| RASPBERRIES      |     |      |      |        |           |         |          |
| SUMMER SQUASH    |     |      |      |        |           |         |          |
| SWEET CORN       |     |      |      |        |           |         |          |
| TOMATOES         |     |      |      |        |           |         |          |
| APPLES           |     |      |      |        |           |         |          |
| EGGPLANT         |     |      |      |        |           |         |          |
| MELONS           |     |      |      |        |           |         |          |
| ONIONS           |     |      |      |        |           |         |          |
| BRUSSELS SPROUTS |     |      |      |        |           |         |          |
| PARSNIPS         |     |      |      |        |           |         |          |
| TURNIPS          |     |      |      |        |           |         |          |
| WINTER SQUASH    |     |      |      |        |           |         |          |
| PUMPKINS         |     |      |      |        |           |         |          |